

Accountability Record

Name: _____

Week Start: _____ Week End: _____

In your "Quiet Time" **each day this week** note the time you start and the time you stop.

Day	Start Time	Stop Time	Total Time
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

List all church and BSU activities you participated in this week—including one-on-ones. Total the hours for the week.

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