

Creative Quiet Time

- Study Psalm 119 and try to locate 119 benefits to reading God's Word.
- Write a letter to Jesus/God praising Him for the difference He has made in your life.
- Go for a prayer walk with Jesus.
- Read a Proverb a day. There are 31—one for each day of the month.
- Listen to praise music and sing it back to God as your personal prayer of your heart.
- Ponder the words of your hymn and make them your personal prayer.
- Go for a drive and thank Jesus for the creation/things you see on the drive.
- Do “silent evangelism” by setting in a mall/crowded place and pray for people as they walk by, asking Jesus to let you see them through His eyes.
- Meditate on God's character by listing His attributes beginning with A (awesome, almighty) and ending with Z (zealous).
- Go through the Gospel of John and write a 'P' next to every promise you can claim and a 'C' next to every command to obey.
- Spend a week studying your favorite Bible character. List the attributes you have in common.
- Determine a subject of interest to you (finances, sex, having children) and use a concordance or topical Bible to locate all scriptures about the topic.
- Read a parable in Matthew. Rewrite the parable using current situations and people to see what God might be trying to teach you.
- Read the book of James. Draw a line lengthwise down a sheet of paper and write verses 1–5 in the left column and how you can apply the verses in the right column. Continue until you have completed the book.
- Read Ephesians 6 and dress yourself in the armor of God. Step into the boots of peace. Buckle on the belt of truth. During the day, if someone attacks you, you can defend yourself because you remembered your sword . . . God's Word!
- Select a person in the Bible who met Jesus, like the blind man who received his sight or the woman caught in the act of adultery. Trade places with them and try to picture the sights, sounds, smells and feelings they experienced upon seeing Jesus.
- Use your quiet time to write a letter to Jesus, thanking Him for taking your place on the cross.
- Write Psalm 151 (your own song praising God) and tape it in your Bible after Psalm 150.
- Fast for one day. When you get the urge to put something in your mouth (food), instead, let prayer come out of your mouth!

Many of these ideas were taken from “Help! I'm Stuck in a Rut! u don't have to follow a formula to spend time with Jesus.” by Lorraine Pintus, Issue #74 March/April 1993 *Discipleship Journal*