

Spirit Walk	Flesh Walk
Relate to Jesus by faith John 7:37-38; Colossians 2:6	Rely on self and others Jeremiah 17:5-6
Trust in the character of God Proverbs 3:4-6; Jeremiah 24:7	See God in an inaccurate way Romans 1:25; 1 Corinthians 15:34
Praise and than God Ephesians 5:18-19; Psalms; Hebrews 13:15	Pessimistic, discontent, and ungrateful Romans 1:21; James 4:14,16
Consideration and love for others Ephesians 5:21; Romans 12:10	Act envious, jealous, selfish 1 Corinthians 3:3; James 4:1-2
Request God's wisdom 1 Corinthians 2:10-13; Romans 12:10	Rely on own understanding Isaiah 55:8-9; 1 Corinthians 1:27; 3:18-20
Believe my new identity 2 Corinthians 5:17; Colossians 3:10	Believe my old identity Ephesians 4:22; Colossians 3:9
Security in my relationship with God Romans 8:16; Galatians 4:7-8	Lack of assurance of salvation 1 John 2:28-29; 1 John 4:17
Abide in God's love Romans 5:5; Ephesians 3:16-19; 1 John 3:1	Fear God's punishment 1 John 4:18; 1 John 2-28
Rest in God's acceptance Romans 15:7; Ephesians 1:4	Work for God's acceptance Galatians 2:16,21; Galatians 5:1-6
Trust Christ to live through me Mathew 11:18-20; Hebrews 4:10	Strive to do good in my own strength Romans 7; Galatians 3:2-3; Colossians 2:20-23
Rely on the Holy Spirit to teach John 14:26; John 16:13	Rely on my own ability to learn John 5:38-40; 1 Corinthians 8:1-2
Acknowledge God's presence & activity in my daily life 2 Corinthians 4:18; Hebrews 11:6	Do not recognize God's involvement in my daily life Romans 1:28; Hebrews 3:7-10
Base my worth on who Christ has made me to be Philippians 2:5-6; James 4:10; 1 Peter 5:6	Base worth on performance, appearance, an other's opinions Jeremiah 9:23-24; Romans 12:16; James 4:5-6

The key is to not focus on trying to improve or get rid of the flesh, but to live and walk by faith in the Spirit, allow Him to change us.